



Parish Registration

We will soon be using a new computer system to help us manage our parish better. It starts with us making sure that we have up to date contact information for all of our parishioners and so we would be grateful if you could complete the registration form by clicking on the relevant QR code below or by typing the relevant link into your browser.

If you don't have an email address, please speak to the parish who can complete the form on your behalf.

Our Lady of Walsingham

www.caspar.church/me?ID=55990



St John Ogilvie

www.caspar.church/me?ID=55993



The “Cincture of St Joseph” (also known as the “Cord of St Joseph”) dates to the year 1657 when an Augustinian nun in Antwerp named Sister Elizabeth received a miraculous cure from a three year long serious illness that doctors believed would eventually lead to her death. Sister Elizabeth received her extraordinary cure after beginning to wear a rope in honour of St Joseph. Sister Elizabeth’s cure was decreed to be miraculous by numerous doctors, including one who was a Protestant; consequently, the pious act of discretely wearing a cincture in honour of St Joseph spread. The cincture is akin to the one worn by a Priest at Mass (to keep the stole in place underneath the chasuble), by Religious (that is, monks and nuns) and Consecrated Virgins as a sign of their striving for chastity. In addition, the wearing of a cincture in honour of a particular saint is of ancient tradition: St Dominic discretely wore a cincture that had been given to him by St Francis of Assisi.

On 19th September 1859, this devotion was officially adopted by the Church and thus a formula of blessing was authorised by Pope Pius IX who also enriched this act of piety with indulgences; thus, the worldwide private use of this devotion was permitted. There are five primary graces attached to the wearing, carrying or display of the cord and the recitation of the corresponding prayers:

1: St Joseph’s protection. 2: Purity of soul. 3: The grace of chastity. 4: Final perseverance. 5: Assistance at the hour of death.

The miniature “St Joseph’s Cincture” sacramental will be offered **during Mass on Wednesday, 1st May AD 2024**. More details will follow in the April newsletters.

The “St Joseph’s Cincture” consists of seven knots, one for each of the “Seven Sorrows and Seven Joys” of St Joseph, 1: The doubt of St Joseph (Matthew 1:19) and the Message of the Angel (Matthew 1:20). 2: The poverty of Jesus’ birth (Luke 2:7) and the Birth itself (Luke 2:7). 3: The Circumcision of Jesus (Luke 2:21) and the Holy Name of Jesus (Matthew 1:25). 4: The prophecy of Simeon that many would be lost (Luke 2:34) and his prophecy that many would rise (Luke 2:34). 5: The flight into Egypt (Matthew 2:14) and the Overthrow of Idols (Isaiah 19:1). 6: The return from Egypt (Matthew 2:22) and Life with Mary and Jesus (Luke 2:39). 7: The loss of the Child Jesus (Luke 2:45) and Finding Jesus in the Temple (Luke 2:46).

The larger “St Joseph’s Cincture” can be worn around the waist or shoulder, whereas the miniature version can be discretely carried in one’s pocket or placed before a statue of the saint as a sign of one’s prayer and devotion to the Patron of the Universal Church. The person who undertakes this act of piety is to daily offer one *Gloria Patri* (“Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end.”) on each of the seven knots of the cincture while meditating on the “Seven Sorrows and Seven Joys”. You can conclude the devotion with a specific prayer seeking purity.